

PAID GROUP PROGRAM

GROUP TENNIS COACHING

Age:

The After School Group coaching program is offered to all students from early childhood to high school grouped based on age and ability.

Schedule:

The days and times do vary each season due to the changing nature of the school tennis team. Please refer to the Schedule for Early Childhood, junior, middle and high school for options and timetable.

Levels:

Following the international tennis federation (ITF) guidelines, the correct coloured low compression ball and court size based on age and ability are used. Within the stages of coloured balls we offer progressive levels from development to performance. [Click here](#) for more info. It is important to get the level of groups correct to ensure all players are training with a similar ability so use the colour stages and levels as a guide to register. Coaches will also assess on the first day.

Coaching Team:

The programme is run by the SAS Eagles Coaching Team which is made up of Savitar Professional tennis coaches comprising of Director of Tennis Colin Thornley and assistant Professional Joseph Canete.

Coaching Content: *Our goal is to provide a pathway for tennis participation and development*

while creating a fun environment in which to learn. Our coaching program emphasises developing all areas of the game – technical, tactical, physical and mental, whilst building and enhancing players' love of the sport and sportsmanship.

Feedback:

At the end of each season, every player will receive a feedback card based on the colour stage and level they are in with feedback from the coaches to help ensure players and parents are kept informed of players' progress. Coaches may also recommend a change in level for the next season.

Cost:

\$26.50 per hour for SAS Students (sessions are 60, 75, or 90min, and billed per season)
\$29.15 non SAS (prices include GST)

Ratio:

6-1 student/coach. (Players will be split into sub-groups based on age and ability).

Venue:

Tennis Courts Rain or shine (covered option available)

Early Childhood/Junior School pick up:

Players will be walked from the elementary cafeteria to the tennis courts by the coaching team at 3pm. They may then take the activity bus or parents can collect from the courts at 4.15pm

Sign Up:

Sign up through the online school paid group sign up process.