

Elite Tournament Training Camp at UWCSEA Dover Campus

Monday 23rd Oct - Thursday 26th Oct
Xmas: Monday 18th Dec - Thursday 21st Dec
(Additional Tournament Day offered on both Fridays)

Time: 3pm - 6pm

**AGE: 12-17 years
FOR TOURNAMENT LEVEL PLAYERS**
(UWCSEA School A Teams, JTTL A Teams level or equivalent)

- Players will work on technical, tactical, physical, and mental parts of their games, based on the highly successful 'Tetafime' programme developed in Spain
- Players will develop winning strategies to help make them 'Tournament Tough'

Key areas of training:

Tactical Training

Point Construction, Principles of pattern play, Tactical court positioning, Improved playing styles

Mental Training

Goal Setting, Visualization Routines & Rituals, Anxiety Control

Technical Training

Stroke mechanics, Techniques, and Game strategies

Physical Training

On-court fitness drills with focus on tennis footwork and agility



Programmes conducted by Savitar's highly experienced coaching team:

Roberto Roldan (Director of Tennis)

Johan Kriek Guba (Senior Head Professional)

Costs:

	UWC Student	Non UWC Student	Additional Tournament Day (Friday)
4 Day Camp:	\$428	\$(+)	++\$50

Note:

- Additional Tournament Day (Offered on both Fridays, 3-6pm)
- Once registered, slot will be confirmed subject to approval of playing standards by coaches

ONLINE REGISTRATION: Please [CLICK HERE](#) or go to www.savitar.sg, click Locations,

'UWCSEA-Dover Campus'. For further inquiries, please email goran@savitar.sg or H/P 9646 5703