

January 29, 2016

HER MAJESTY QUEEN NOOR OF JORDAN
President - UWC movement
CHRIS EDWARDS
Head of College - UWCSEA

Spain Tennis Tour – “Train like the Pros” Juan Carlos Ferrero Tennis Academy 22nd July – 7th August 2016

Dear Parents,

This summer we are planning an exciting new addition to the tennis programme at UWCSEA, a two week intensive tennis tour to Juan Carlos Ferrero Tennis Academy in Spain.

The academy is led by Antonio Martínez Cascales and Samuel López, who are the coaches of Juan Carlos Ferrero and Nicolás Almagro respectively and other professionals who make up the Equelite team: coaches, fitness coaches, doctors, physical therapists, and entertainment staff.

We will spend an intensive two weeks of training and match play with other top junior players within Europe. The UWCSEA players will also see Top 100 ATP and ITF players train. This is a great live in opportunity to be immersed in the Spanish tennis culture on and off the court. On the first Sunday off, a trip to a theme park is included. You also have the opportunity to do a Spanish lesson each day and a golf lesson (additional cost). All training is conducted in English.

We intend to open the tour to a maximum 20 students and depending on numbers we will have a maximum of two coaches and one member of UWCSEA staff accompanying the students.

General Information

- The Tour will be led by UWCSEA Dover Director of Junior Performance Roberto Roldan. Roberto was a Head Professional at JC Ferro Tennis Academy for 7 years prior to coming to UWCSEA Dover in 2015. He will make sure the players get the very best out of the experience. A member of staff and also potentially Niki Tippins, UWCSEA Director of Tennis will travel with the team.
- Open to ages 11 years – 17 years (middle school and high school only). A and B team players (depending on level). Approval by coaches based on level once expression of interest received.
- Depending on level our players will be placed in Summer Stage or Competition ability groups mixed with the other academy players.
- 20 courts (10 hard and 10 clay), Football field, padel, swimming pool, gym, onsite accommodation (girls and boys separate) 40 double rooms, restaurant, golf, doctor, physio.
- Orientation Sunday, Train Mon-Sat at the Academy under the Summer Stage/ Competition Programme by the Equelite Training Team.
- Physical and technical testing.
- Low on court training ratio of 4:1 with the Equelite Coaching team.
- Full player report given at the end of the two weeks on physical, technical, social and medical.
- An internal tournament organised the first Saturday afternoon as well as match play throughout.
- Sunday rest day/ sightseeing – theme park

- Potential of additional match play to be organised by Roberto in the second week.
- *Potential to meet at the Academy if travelling in Europe prior, however full live in is the only option. Price will be adjusted to exclude flight and transport.*

Timetable of a normal day

- 8:00 - breakfast
- 9:00 - technical training
- 10:45 - rest/ mid-morning snack
- 11:15 - physical training
- 12:45 - free time/rest/swimming-pool
- 13:00 - lunch
- 15:00- language lesson (English-Spanish) (Additional cost)
- 16:00 - technical training
- 17:30 - rest / afternoon snack
- 18:00 - physical training
- 19:15 - free time/rest/swimming-pool
- 19:30 - golf lessons (additional cost)
- 20:00 - dinner
- 20:30 - recreational activities
- 22:45- lights turn off
- 23:00- sleep time

Additional to the daily programme

In a fortnightly programme, we will have extra activities which are included in the price and they are not in the regular timetable described above:

1. **Arrival day:** On Sunday, all the players have a meeting before lunch to orientate and meet staff and players. Entertainment activities are also organised.
2. **First Monday of the fortnight:** during the morning sessions, technical and physical tests are carried out to sort players according to the tennis level and physical abilities. That afternoon, after the Stage staff meeting, the groups will begin.
3. **First Saturday of the fortnight:** during this Saturday, an internal tournament is organised within the different groups.
4. **Sunday:** players will travel to a theme park such as Aqualandia or Terra Mítica.
5. **Second Wednesday of the fortnight:** Repeat the physical and technical test. They will also do a psychological test to determine the profile of each player.

6. **Last Friday of the fortnight:** clinic and gymkhana (group competitions). All the players will conduct a clinic with the ITF/ATP players training onsite. All the players will also take a photo with Juan Carlos Ferrero.

7. **Departure day:** the coaches will have a meeting with the parents and the coaches will give them the report. This will, therefore, be conducted by Roberto, who will then pass the information to parents upon our return.

Tour Fee

Based on 20 participants the cost is estimated to be **S\$4300**. Should less students wish to attend the cost will be affected accordingly but at this point we are expecting to fill the tour places.

Cost Breakdown (based on 20 players)

S\$1300	Flights
S\$100	Transfer train from/to Madrid to Tennis Academy
S\$2500	2 weeks training includes accommodation and food per day once at academy, 6 hours training per day, organised recreational activities, internal tournament, theme park, testing and reports.
S\$75	Insurance
S\$300	Staffing
S\$25	Travelling tour shirt

Additional costs - Snacks and sports drinks; spending money if sightseeing; food on travel days.

We have tried to make this tour the best value for money that we can. Below are some costs of comparable Tennis training opportunities (which include accommodation/food/training) in Europe to give parents and players some reference point:

1. Sanchez Casal \$2250/week (1380 euro)
2. Barcelona Tennis Academy \$1550/week (950 euro)
3. Barcelona TC at David Lloyd \$1795/week (1100 euro)

Registration of interest

Please [click here](#) to register your expression of interest. Once collected and the maximum of 20 selected you will be asked to make a deposit of \$500 to secure your place. We will also be able to confirm exact cost based on numbers.

Regards

Mike Staples

Director of Sport & Activities, UWCSEA Dover
