




WEEKEND GROUP COACHING

Season	Level/stage	Age	Saturday/time	
Season 1 20 th August – 5 th November, 2016	Red Development		4 – 7 yrs	8.30am - 9.30am
	Red Performance			
	Orange Development			
Season 2: 12 th Nov – 11 Feb 2016/17	Orange Performance		7yrs – 10 yrs	9.30am - 10.30am
	Green Development			
	Green Performance			
Season 3: 18 th Feb -1st April 2017	Green Performance (10yrs)		10---16yrs	10.30am - 12pm
	Yellow Development			
	Yellow Performance			
Season 4: 22 nd April – 17 th June, 2017				

SCHEDULE 2016/17:

The weekend programme runs Saturday mornings over 4 seasons, with breaks during UWCSEA school holidays.

ELIGIBILITY:

The weekend group-coaching programme is open to UWCSEA and non-UWCSEA students from age's 4years to 16 years. UWCSEA students receive a 10% discount.

SCHEDULE:

We follow the UWCSEA Seasons (4) throughout the year, and have breaks in the school holidays.

LEVELS:

Following the international tennis federation (ITF) guidelines we use the correct coloured low compression ball and court size based on age and ability. Within the stages of coloured balls we offer progressive levels from development to performance. It is important to get the level of groups correct to ensure all players are training with a similar ability so please use the colour stages and levels as a guide to register. Coaches will also assess on the first day. Please [click here](#) for a detailed description.

COACHING TEAM:

The programme is run by the UWCSEA Dover Coaching Team, which is made up of Savitar Professional tennis coaches comprising of Director of Tennis Niki Tippins, Director of Junior Performance Roberto Roldan, Head Professional Johan Guba and Tennis Professional Patrick Escobar. Please [click here](#) for bios.

COACHING CONTENT:

Our coaching programme emphasizes developing all areas of the game – technical, tactical, physical and mental, whilst building and enhancing players' love of the sport and sportsmanship.

FEEDBACK:

At the end of each season, every player will receive a feed- back card based on the colour stage and level they are in with feedback from the coaches to help ensure players and parents are kept informed of players' progress. Coaches may also recommend a change in level for the next season.

COST:

UWCSEA Students \$26.50 per hour (incl GST) (sessions are 60 – 90min long, and charged per season)
 NON UWCSEA Students: \$29.15 per hour (incl GST) (sessions are 60-90min long, and charged per season)

RATIO:

6-1 student/coach. (Players will be split into sub-groups based on age and ability).

Venue:

UWCSEA Dover, 9 Tennis Courts, Rain or shine (covered option available).

Sign Up:

To sign up [CLICK HERE](#) or go to www.savitar.sg click locations – UWC Dover